



The Support Centre for Disabled Immigrants

For immigrants with disabilities and their relatives:

- Information about services and rights
 - Guidance and advice on services and assistance in filling out forms
 - Peer support, the conduct of group activities at Hilma's headquarters or via the Internet, Zoom
- Our services are free of charge.

By phone or at the office (Marjaniementie 74, 00930 Helsinki): tel 044 9016441, Monday-Thursday 10am – 15pm

- Monday (Finnish, English, Arabic)
- Tuesday (Finnish, English, Arabic, Sign language)
- Wednesday (Finnish, English, Russian, Japanese)
- Thursday (Finnish, English, Arabic)

The call rate equals the normal call charges. We can call you back, in which case we will pay the call fee.

You can also book an appointment with a service advisor online through our website. We always use interpreters according to the needs of the client.

Our support services are also for the workers, who are working with immigrants with disabilities. The service is also available online at: info@tukikeskushilma.fi, mahmoud.hassan@tukikeskushilma.fi, ban.abdulhameed@tukikeskushilma.fi, husein.el.shikh@tukikeskushilma.fi, and valeria.hayashi@tukikeskushilma.fi

We provide training services to organizations and bodies. You can contact coordinator: Karoliina Mäki, karoliina.maki@tukikeskushilma.fi, tel: 050 300 2501.

<https://tukikeskushilma.fi/>

<https://www.facebook.com/TukikeskusHilma/>

<https://www.facebook.com/palveluneuvoja.tukikeskushilma>

https://www.youtube.com/channel/UC47tYsN75npR_UQNWE-LimA

<https://twitter.com/TukikeskusHilma>

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VAMMAISFOORUMI

Vammaisjärjestöjen yhteinen ääni

